

6TH HELMUT REMSCHMIDT RESEARCH SEMINAR

Children at Risk of Mental Disorder



17 – 22 September 2017
St. Kateřina Resort, Czech Republic



IACAPAP 2018

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UNDERSTANDING DIVERSITY
AND UNIQUENESS

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23rd World Congress of the International
Association For Child and Adolescent Psychiatry
and Allied Professions



The International Association for Child
and Adolescent Psychiatry and Allied Professions



Section of Child Psychiatry
of the Czech Psychiatric Association



Association for Child
and Adolescent Psychiatry, Czech Republic

6th Helmut Remschmidt Research Seminar

Children at Risk of Mental Disorder

17 – 22 September 2017 • St. Kateřina Resort, Czech Republic



The International Association for
Child and Adolescent Psychiatry and Allied Professions



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Last but not least, we are very grateful to Agrofert foundation for the generous support covering the expenses of the seminar.

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Welcome from Dr. Michal Goetz, HRRS 2017 Local Organizer

It is my great pleasure to welcome you to the 6th Helmut Remschmidt Research Seminar (HRRS) held at the Wellness Resort St. Katerina located in the beautiful area of the Bohemian-Moravian Highlands.

The theme of the 6th HRRS “Children at Risk of Mental Disorder” is derived from the research tradition in the Czech Republic. The team around professor Zdeněk Matějček (1922-2004) published great contributions to world knowledge on long-term consequences of not fulfilling children’s social and emotional needs as a result of institutional care. Nowadays, thanks to development in genetics and epigenetics, we are able to identify early sources of risk of mental disorder yet more precisely, also with much evidence confirming the continuity of mental health problems from childhood to adulthood.

Despite all this, we are not doing enough for children at risk. One clear example is the lack of supporting programs for the children of parents with mental disorder even though it is known that up to 15-20% of children have at least one parent with a lifetime mental disorder, and even though longitudinal studies provide robust data about the risks of subsequent psychopathology in this group of children. Furthermore, pediatric care of children with physical, particularly chronic diseases increasing the risk of mental disorder is rarely well-integrated with care for their mental health. The later morbidity including mental health problems of children born preterm is still not systematically assessed and managed. Finally, millions of children worldwide live in poverty in an environment lacking stimulation.

This is the challenge for the next generation of young child & adolescent mental health experts who wish not to simply follow the existing system, but who have the desire to change and improve it. We have selected a group of HRRS 2017 fellows whom we believe have the potential and passion to do this. As mentors, we are delighted to share our stories, journeys and experiences with you, and hope that this may help you in this early stage of your promising careers.

Michal Goetz, MD, PhD
IACAPAP 2018 Congress Chair
Department of Child Psychiatry
Charles University Second Faculty of Medicine
Motol University Hospital
Czech Republic

About the Helmut Remschmidt Research Seminar

The HRRS started as “The European Research Seminar” in 1998 in Heidelberg, following a model that had already been used before in Germany by Martin Schmidt and Helmut Remschmidt. The aim of the seminars was to help young researchers in the field of child and adolescent mental health (CAMH) pursue a scientific career. When professor Helmut Remschmidt was elected President of IACAPAP in 1998, he transferred the Research Seminars to an international level.

At the 17th IACAPAP Congress in Melbourne 2006, the IACAPAP executive committee agreed to arrange research seminars, named the IACAPAP Helmut Remschmidt Research Seminars (HRRS), in the geographical area where the next IACAPAP Congress will take place. The first of the HRRS took place in Turkey (Istanbul, 2008), followed by China (Beijing, 2010), France (Paris, 2012), South Africa (Stellenbosch, 2013) and Canada (Kannanaskis, 2015). The seminars take place approximately 6-12 months before the Congress. Given that the next IACAPAP congress will be in Prague in July 2018, a decision was therefore made to have the HRRS 2017 in the Czech Republic. The specific theme selected for the 6th HRRS is “Children at Risk of Mental Disorder”.

The overarching vision and mission of IACAPAP as set out in the constitution is “to promote the study, treatment, care and prevention of mental and emotional disorders and disabilities of children, adolescents and their families”. The purpose of the HRRS is to inspire young colleagues from child & adolescent mental health disciplines to engage in research. The aims of the 5-day seminar are therefore to provide basic knowledge in key aspects of research design in child and adolescent mental health, skills in presenting research to colleagues, skills in commenting on the research of others, and to enable participants to carry out their own research projects under the specific circumstances of their departments, countries and contexts.

Each seminar participant is asked to bring a research plan or an ongoing project to present and work on in small groups supervised by 1 or 2 mentors. Mentors are experienced child & adolescent mental health clinician-scientists, supported by research colleagues from local organizing institutions. Mentors typically present papers in the morning and lead small group work in the afternoons. The desired outcome of the HRRS is for participants to have developed and shaped research projects that can be performed in the environment where the participant is based. In addition, participants will be encouraged to prepare abstracts for submission to the IACAPAP congress in 2018.

About the mentors

(in alphabetical order)

Prof Petrus J de Vries, MBChB, MRCPsych, PhD

Petrus de Vries is the Sue Struengmann Professor of Child & Adolescent Psychiatry, and Director of the Centre for Autism Research in Africa (CARA) and the Adolescent Health Research Unit (AHRU) at the University of Cape Town. He trained in Medicine at Stellenbosch University in South Africa before moving to the UK where he completed his clinical training in Psychiatry and Child & Adolescent Psychiatry, and a PhD in Developmental Neuropsychiatry at the University of Cambridge.



Prof de Vries returned to South Africa in 2012 with the main purpose of building research and research capacity in Child & Adolescent Mental Health in Africa. He organized and led the 2013 Helmut Remschmidt Research Seminar in Stellenbosch, South Africa and was vice-chairman of the Scientific Committee for the 2014 IACAPAP congress, held in Durban, South Africa. In 2015, he was elected onto the IACAPAP Executive Committee to co-lead future Helmut Remschmidt Research Seminars with Prof Per-Anders Rydelius from the Karolinska Institute in Sweden.

Prof de Vries is chairman of the Society for the Study of Behavioral Phenotypes (SSBP), an international, interdisciplinary research organization, and is on the WHO ICF-CY steering group for autism spectrum disorders and ADHD, under the chairmanship of Prof Sven Bolte. He is a scientific advisor to a number of international organizations in Autism Spectrum Disorders and Tuberous Sclerosis Complex.

Prof Bruno Falissard, MD, PhD

After some initial training in mathematics and fundamental physics (Ecole Polytechnique, Paris), Bruno Falissard engaged in medical studies and specialized in Child and Adolescent Psychiatry in 1991. His PhD was in biostatistics and his post-doc in psychometrics and exploratory multidimensional methods. He was assistant professor in child and adolescent psychiatry in 1996–1997, associate professor in Public Health in 1997–2002 and full professor in Public Health from 2002. He is at the head of the Master in Public Health of South-Paris University (600 students) and at the head of the “Center of Epidemiology and Population Health” (400 members). He is co-author of about 400 papers and author of 4 books. He has a clinical activity in child and adolescent psychiatry. His personal areas of research are about methodology and epistemology of mental health research. Since 2015 he is the president of IACAPAP (International Association for Child and Adolescent Psychiatry and Allied Professions) and member of the French Academy of Medicine.



Assist Prof Michal Goetz, MD, PhD

Michal Goetz, MD, PhD is a child and adolescent psychiatrist, an Assistant Professor of Psychiatry at the Charles University, Second Faculty of Medicine in Prague and the head of the Diagnostic Unit at the Department of Child and Adolescent Psychiatry, Motol University Hospital in Prague. He is an elected member of the board in the Section of Child and Adolescent Psychiatry of the Czech Psychiatric Association. Dr. Goetz as a principal investigator and co-investigator obtained peer reviewed research grants on offspring of parents with bipolar disorder, children with neurodevelopmental disorders and preterm born infants. Dr. Goetz authored and co-authored over 30 scientific articles and four book chapters. He is a member of editorial boards of pediatric and mental health scientific journals. He was fortunate to have had observerships at Boston Children's Hospital and at the Massachusetts General Hospital, Harvard Medical School. In 2016, he spent time as a visiting professor at the Department of Psychiatry at the University of Calgary.



Prof Michal Hrdlička, MD, PhD

Michal Hrdlička, M.D., Ph.D. is Professor of Psychiatry and Chair of the Department of Child Psychiatry at the Charles University Second Faculty of Medicine in Prague, Czech Republic. He received his M.D. from the Masaryk University Medical School in Brno (1989) and his Ph.D. from the Charles University First Faculty of Medicine in Prague (1996). He has published more than 200 scientific publications. He was the main author or editor of six Czech language monographs and textbooks: *Dementias and Memory Disorders* (1999), *Electroconvulsive Therapy* (1999), *Child and Adolescent Psychiatry* (2000, 2nd ed. 2008), *Childhood Autism* (2004, 2nd ed. 2014), *Mid-life Crisis: Problems and Chances* (2006), and *Psychiatry and Pedopsychiatry* (2015). In 1998, Prof. Hrdlička launched the first systematic diagnostic program for autism spectrum disorders in the Czech Republic.



Assoc Prof Radek Ptáček, Dr Psych, PhD

Radek Ptáček is a clinical psychologist and an Associate Professor of medical psychology. His primary clinical and research interest is focused on children and adolescents. He works at the Department of Psychiatry, 1st Faculty of Medicine of Charles University as a clinical psychologist, researcher and a member of PhD committee. He has been an investigator or co-investigator of numerous scientific research grants and projects in the social sector. Most of the current research focuses on ADHD and developmental issues of children in foster and institutional care.



He is a founder of a nonprofit organization the National Institute for Children and Family and the Czech Society for Child Psychology. He has been a member of the editorial boards of several journals including the Journal of Abnormal Child Psychology, Medical Science Monitor and Neuroendocrinology Letters.

Prof Helmut Remschmidt, MD, PhD, FRCPsych

Helmut E. Remschmidt, Professor for Child Psychiatry, MD, PhD, Child and Adolescent Psychiatrist, Clinical Psychologist, FRCPsych. Honorary President of IACAPAP

Former Head of the Department of Child and Adolescent Psychiatry, Philipps-University, Marburg (Germany) from 1980-2006; since Oct 1, 2006, Professor emeritus.



Head of the Department of Child and Adolescent Psychiatry and Neurology at the Freie Universität Berlin from 1975 to 1980. Special Professor of Psychiatry at the University of Birmingham/U.K. (1993-1996). President of the European Society for Child and Adolescent Psychiatry (ESCAP) (1995-1999). President of the International Society for Child and Adolescent Psychiatry and Allied Professions (IACAPAP) from 1998 to 2004. Scientific Director of the WPA Global Presidential Program on Child and Adolescent Mental Health, carried out in cooperation with IACAPAP and WHO (2003-2005).

Awards: Many awards, among them the Max Planck- Award for International Cooperation (1999).

Publications: More than 600 articles in scientific journals and book chapters in several languages. Author, co-author and editor of more than 50 books in the field of child and adolescent psychiatry and mental health. Editor and co-editor of several scientific journals.

Guest Researcher and Invited Lecturer at many universities in Europe, Israel, South Africa, USA, China, Chile, Brazil, Uruguay, Thailand, Korea, and Australia.

Assist Prof Mabel V. Rodriguez, Dr Psych, PhD

Mabel Rodriguez is a licensed clinical psychologist. As senior researcher, she leads a research group on Neurocognition at the National Institute of Mental Health (NIMH) in Klecany, Czech Republic. At the same time, she acts as clinical psychologist in her own clinical practice. Her experience is mainly on neuropsychiatric disorders such as anxiety disorders, mood disorders and psychotic disorders. She actively participates in leadership, planning, organization and implementation of national and international research. She has a particular interest in the systematic investigation of long-term cognitive function (its deficit and remediation options) in neuropsychiatric disorders, and in bilingualism.



Dr. Rodriguez studied psychology at the Department of Psychology, Faculty of Arts, at Charles University, finished his residence in clinical psychology and is registered with the Ministry of Health. For several years she worked as an assistant clinical psychology at the Department of Psychology Faculty of Arts, with which she still works closely, leading many research opportunities for pre-graduate, and post-graduate students of psychology, and also provides professional supervision for graduated psychologist. She also worked as clinical psychologist at the Psychiatric Centre of Prague (now NIMH), for the Crisis Centre of Bohnice psychiatric hospital, and for the SOS villages in selecting adoptive mothers. She is author and co-author of numerous publications. Dr. Rodriguez is fluent in Spanish, Czech, English, and Greek.

Prof Per-Anders Rydelius, MD, PhD

Senior Professor and Consultant in Child and Adolescent Psychiatry
Karolinska Institutet and Stockholm County Council, Stockholm, Sweden.



1971, MD; 1978 Specialist diploma in CAP; 1981 Ph.D. Karolinska Institutet, Stockholm. – Thesis: “Children of alcoholic fathers – Their social adjustment and their health status over 20 years”. Associate professor and 1989 – 2012, Professor, Chairman, Child and Adolescent Psychiatry Karolinska Institutet, Stockholm. Summer 1994, visiting professor at the research program on juvenile delinquency run by Professor Felton Earls, Harvard School of Public health, Boston, Ma. USA. Sept 2003 – Jan 2004: Guest professor at the Nagoya University Center for Developmental Clinical Psychology and Psychiatry, Director: Professor Shuji Honjo, Nagoya, Japan, 2007-2012, Guest professor, Child and Adolescent Psychiatry Central South University, Changsha, Hunan, China.

1982-1990, Vice president and President of the Swedish Association for Child and Adolescent Psychiatry. 1983-2002, Secretary and Chairman, the Swedish Medical Research Council's Planning Group for Child and Adolescent and Social Pediatric Research. 2005-2013 Scientific Reviewer – The Swedish Council of Sciences. 2004 – 2014, Secr General, President and vice President of IACAPAP.

Supervised 21 Ph.D.- exams and 5 lic. med. sci-exams 1991-2012. More than 170 articles and chapters in peer reviewed scientific journals, other journals and textbooks.

Prof Andreas Warnke, MD, Dr Psych

Andreas Warnke, Professor for Child Psychiatry, MD, Child and Adolescent Psychiatrist, Clinical Psychologist. Former Head of the Department of Child and Adolescent Psychiatry, Psychosomatics and Psychotherapy Julius-Maximilian-University, Würzburg (Germany) from 1992-2012; since Apr. 1, 2012, Professor emeritus. Former Vice-President of IACAPAP. Past President of the German Society of Child & Adolescent Psychiatry. Former member of the board of European Society for Child & Adolescent Psychiatry (ESCAP), German Association Promotion of Early Development and of the German Association of Mental Deficiency. Past President of the "World Federation of ADHD". Many awards: e.g. Albert-Kölliker-Award (Teacher of the year) of the Medical Faculty University of Würzburg. Academic interests: Developmental experimental psychopathology; genetics; psychotherapy; dyslexia, anorexia nervosa, obsessive-compulsive disorder, attention deficit-hyperactivity disorder. Publications: More than 400 articles in scientific journals. Author, co-author or editor of more than 20 books in the field of child and adolescent psychiatry. Former Co-Editor of the Scientific Journal of the German Association of Child and Adolescent Psychiatry, past Editor of the section Biological Child and Adolescent Psychiatry of the Journal Neural Transmission.



About the HRRS participants

(in alphabetical order by first name)

Stojanovic Aleksandra: *Aleksandra*

1	Your first name	Aleksandra
2	Your surname	Stojanovic
3	What would you like us to call you?	Aleksandra
4	Your qualifications	Doctor of Medicine
5	Your professional group (e.g. psychiatrist, psychologist etc)	Doctor of Medicine on the Child and adolescent psychiatry specialty studies
6	At what institute/clinic/hospital/university are you currently working?	I currently do my specialty studies in Clinic for mental health protection, Clinical Center of Nis, Serbia.
7	In which country are you currently working?	Serbia
8	Briefly describe the project/academic piece/scholarship you will want to work on at the HRRS	It is a research project about Indoor and outdoor special positioning of children with epilepsy and ASD, using special EuroPATC device, which sensors allow informing the guardian about the child leaving the safety zone of movement or appearing free fall of child as possible result of epileptic seizure. The device is created to collect data about child's movement and predict future behavior patterns.
9	What particular things are you hoping to come and learn at the HRRS?	I have not so far had a research project of my one, and I intend to start my PhD studies this autumn, so I would like to learn more about scientific work itself, from how to start to what are the most important things.
10	Do you have any requests for the mentors?	
11	Any dietary requirements?	Gluten free diet
12	Any other comments?	

Buica Alexandra: *Alexandra*

1	Your first name	Alexandra
2	Your surname	Buica
3	What would you like us to call you?	Alexandra
4	Your qualifications	Specialist Doctor in Child and Adolescent Psychiatry, Assistant Professor, PhD Student
5	Your professional group (e.g. psychiatrist, psychologist etc)	Child and Adolescent Psychiatrist
6	At what institute/clinic/hospital/university are you currently working?	University of Medicine and Pharmacy "Carol Davila" Bucharest
7	In which country are you currently working?	Romania
8	Briefly describe the project/academic piece/scholarship you will want to work on at the HRRS	I would like to discuss my PhD research project. I would like to investigate the persistence / remission of ADHD symptomatology in young adults, the effect on quality of life, but also the implications of possible psychiatric comorbidities.
9	What particular things are you hoping to come and learn at the HRRS?	To learn more about children at risk to develop mental illness will help me in conducting my research project (developing new items in assessing my research study participants in order to investigate the presence of those risk factors in childhood)
10	Do you have any requests for the mentors?	No
11	Any dietary requirements?	No
12	Any other comments?	No

Chistol Alla: *Alla*

1	Your first name	Alla
2	Your surname	Chistol
3	What would you like us to call you?	Alla
4	Your qualifications	MD
5	Your professional group (e.g. psychiatrist, psychologist etc)	Child and Adolescent Psychiatrist
6	At what institute/clinic/hospital/university are you currently working?	Community Mental Health Center
7	In which country are you currently working?	Republic of Moldova
8	Briefly describe the project/academic piece/scholarship you will want to work on at the HRRS	I wish to work on different research projects, most of all I am interested in ASD, infant schizophrenia and tics.
9	What particular things are you hoping to come and learn at the HRRS?	I wish to obtain necessary skills for research in child & adolescent mental health, particularly to fill up the gaps in my current research.
10	Do you have any requests for the mentors?	No
11	Any dietary requirements?	No
12	Any other comments?	No

Mirkovic Ana: *Ana*

1	Your first name	Ana
2	Your surname	Mirkovic
3	What would you like us to call you?	Ana
4	Your qualifications	Doctor of Medicine (currently in training)
5	Your professional group (e.g. psychiatrist, psychologist etc)	Child and adolescent psychiatry
6	At what institute/clinic/hospital/university are you currently working?	University Children's Hospital in Ljubljana - Department of Child Psychiatry
7	In which country are you currently working?	Slovenia
8	Briefly describe the project/academic piece/scholarship you will want to work on at the HRRS	In 2015 the Department of Child Psychiatry started implementing an evidence-based program „The Incredible Years“ to Slovenia with the aim of improving the mental health to children. More than 300 parents were included and we gathered an extensive base of questionnaire data about how the programme affected their parenting skills and behaviour of their children.
9	What particular things are you hoping to come and learn at the HRRS?	As a young resident, I am hoping to learn how to systematically approach a research project.
10	Do you have any requests for the mentors?	No
11	Any dietary requirements?	No
12	Any other comments?	No

Borowska Anna: *Anna*

1	Your first name	Anna
2	Your surname	Borowska
3	What would you like us to call you?	Anna
4	Your qualifications	Medical doctor
5	Your professional group (e.g. psychiatrist, psychologist etc)	Psychiatrist
6	At what institute/clinic/hospital/university are you currently working?	Institute of Psychiatry and Neurology, Warsaw, Poland
7	In which country are you currently working?	Poland
8	Briefly describe the project/academic piece/scholarship you will want to work on at the HRRS	<p>The subject of my project is: Psychoeducation for adolescents with newly diagnosed autistic spectrum disorders and its impact on reporting symptoms of anxiety and affective disorders.</p> <p>A significant group of patients with ASD are initially observed towards anxiety, affective or adjustment disorders. However, reported symptoms do not fulfil diagnostic criteria of anxiety and affective disorders and are the result of incomprehension of social situations and nonverbal communication present among patients with features of ASD.</p> <p>I believe that psychoeducation concerning difficulties characteristic for ASD would raise the awareness of the reasons of experienced anxiety and mood disorders and diminish experiencing it.</p> <p>The project will evaluate an efficiency of psychoeducation programme on anxiety and mood disorders. Psychoeducation programme will consist of a handbook about ASD signs and symptoms and a series of seminars based on it.</p>

9	What particular things are you hoping to come and learn at the HRRS?	I hope to cooperate with professionals from different parts of the world. I believe that such exchange of ideas and skills will let me not only broaden my knowledge but also approach my patients regarding their diverse cultural backgrounds. Additionally, I would like to learn how to plan and organize clinical research, and how to present results in the most effective way.
10	Do you have any requests for the mentors?	I have no requests.
11	Any dietary requirements?	No
12	Any other comments?	No

Martsenkovskiy Dmytro: *Dima*

1	Your first name	Dmytro
2	Your surname	Martsenkovskiy
3	What would you like us to call you?	Dima
4	Your qualifications	MD, PhD Student
5	Your professional group (e.g. psychiatrist, psychologist etc)	Psychiatrist
6	At what institute/clinic/hospital/university are you currently working?	Bogomolets National Medical University
7	In which country are you currently working?	Ukraine
8	Briefly describe the project/academic piece/scholarship you will want to work on at the HRRS	<p>Introduction: Huge number of military conflicts and decreasing of social level of life led to a growing number of traumatic exposures affecting children. Most of the studies that investigate effects of war-related exposures are focused on soldiers or only on PTSD as the most severe stress reaction. Meanwhile, number of kids with PTSD fulfills the criteria for the dual diagnosis of PTSD and MDD. At the same time, it is still not clear if depression with PTSD are comorbid disorders or it is just a specific subtype of PTSD with a number of overlapping symptoms.</p> <p>Objective: To examine the influence of secondary traumatic exposure on the development of comorbid depression in adolescents with PTSD. To estimate if kids with PTSD that were affected by secondary trauma can develop a comorbid depression or just impairment of 4-core PTSD symptom clusters.</p> <p>Methods: 120 of adolescents 15 to 17 years old with previously diagnosed war-related PTSD will be included in 2 years long longitudinal observation study with evaluation every year. In the same time, 60 of adolescents with the same age that fulfill the A criterion of PTSD will be included as a control group.</p>

About the HRRS participants(in alphabetical order by first name)

9	What particular things are you hoping to come and learn at the HRRS?	I am very interested in conducting research, but methodology is still my weak point. Also, I am very interested in how to provide a nice talk and prepare documents for stakeholders.
10	Do you have any requests for the mentors?	No
11	Any dietary requirements?	No
12	Any other comments?	No

Öri Dorottya: *Dorka*

1	Your first name	Dorottya
2	Your surname	Öri
3	What would you like us to call you?	Dorka
4	Your qualifications	M.D.
5	Your professional group (e.g. psychiatrist, psychologist etc)	Child and adolescent psychiatric trainee
6	At what institute/clinic/hospital/university are you currently working?	Vadaskert Child and Adolescent Psychiatry Hospital and Outpatient Clinic, Budapest
7	In which country are you currently working?	Hungary
8	Briefly describe the project/academic piece/scholarship you will want to work on at the HRRS	The relationship between romantic attachment style of the parents and depressive disorders in children.
9	What particular things are you hoping to come and learn at the HRRS?	I would like to learn novel psychiatric methods, improve my language and presentation skills.
10	Do you have any requests for the mentors?	None
11	Any dietary requirements?	Please omit pork meals, if it is possible.
12	Any other comments?	None

Ünsel Bolat Gül: *Gül*

1	Your first name	Gül
2	Your surname	Ünsel Bolat
3	What would you like us to call you?	Gül
4	Your qualifications	Medical Doctor
5	Your professional group (e.g. psychiatrist, psychologist etc)	Child and Adolescent Psychiatry Resident
6	At what institute/clinic/hospital/university are you currently working?	Ege University School of Medicine, Child and Adolescent Psychiatry Department
7	In which country are you currently working?	Turkey
8	Briefly describe the project/academic piece/scholarship you will want to work on at the HRRS	Neuropsychological Results of Sluggish Cognitive Tempo
9	What particular things are you hoping to come and learn at the HRRS?	Research Design, Publication Process, Presentation Skills
10	Do you have any requests for the mentors?	
11	Any dietary requirements?	Vegetarian, if possible
12	Any other comments?	

Yilmaz Helin: *Helin*

1	Your first name	Helin
2	Your surname	Yilmaz
3	What would you like us to call you?	Helin
4	Your qualifications	Educational, academic and leadership qualifications are mentioned in the resume.
5	Your professional group (e.g. psychiatrist, psychologist etc)	Child and Adolescent Psychiatrist
6	At what institute/clinic/hospital/university are you currently working?	Ege University School of Medicine
7	In which country are you currently working?	Turkey
8	Briefly describe the project/academic piece/scholarship you will want to work on at the HRRS	Children of mentally ill parents Prodromal symptoms of these children before full-blown disorders
9	What particular things are you hoping to come and learn at the HRRS?	How to develop my academic and leadership skills
10	Do you have any requests for the mentors?	No
11	Any dietary requirements?	No
12	Any other comments?	No

Mihailescu Ilinca: *Ilinca*

1	Your first name	Ilinca
2	Your surname	Mihailescu
3	What would you like us to call you?	Ilinca
4	Your qualifications	Medical Doctor (MD), PhD student
5	Your professional group (e.g. psychiatrist, psychologist etc)	Child and Adolescent Psychiatrist
6	At what institute/clinic/hospital/university are you currently working?	"Prof. Dr. Al. Obregia" Psychiatry Hospital, Bucharest
7	In which country are you currently working?	Romania
8	Briefly describe the project/academic piece/scholarship you will want to work on at the HRRS	I will want to work on my research project, part of my PhD thesis, focusing on the course of autism spectrum disorders in adolescence and adulthood, with emphasis on core symptomatology, executive functions and global functioning. For the core symptomatology analysis, I am looking to use two diagnostic tools, ASD-DA ("Autism Spectrum Disorders – Diagnosis for Adults") and RAADS-R ("Ritvo Autism Asperger Diagnostic Scale - Revised"), after obtaining the usage rights from the assessment tool developers. I believe that translating and adapting these instruments to the Romanian language would greatly benefit our country, given that, at the present time, there is no available Romanian-adapted tool for the assessment of ASD in adults. Further on, I would like to analyse the patients' executive functions, working memory and spatial planning. In order to achieve this, I feel that a batch of CANTAB tests including Paired Associates Learning (PAL), Spatial Working Memory (SWM), One Touch Stockings of Cambridge (OTS) and Multitasking Test (MTT) would be of immense help at this stage of my research. For the analysis of the general functioning of the subjects, I am looking to use WHODAS 2.0 (World Health Organization Disability Assessment Schedule 2.0).

9	What particular things are you hoping to come and learn at the HRRS?	Designing research projects, research methods, statistics, presenting and writing scientific papers
10	Do you have any requests for the mentors?	No
11	Any dietary requirements?	No
12	Any other comments?	No

Caseiro João: *João*

1	Your first name	João Manuel
2	Your surname	Reis Caseiro Alves Pereira
3	What would you like us to call you?	João
4	Your qualifications	Master in Medicine, Master course in Healthcare Management, Licenciante in Economics
5	Your professional group (e.g. psychiatrist, psychologist etc)	Child and Adolescent Psychiatry 5 th year resident
6	At what institute/clinic/hospital/university are you currently working?	Centro Hospitalar do Porto
7	In which country are you currently working?	Portugal
8	Briefly describe the project/academic piece/scholarship you will want to work on at the HRRS	Investigate the effect of Mindfulness-based Intervention plus Treatment as usual (TAU) when compared to TAU alone in adolescent patients followed in a Portuguese Child and Adolescent Mental Health Service (CAMHS) (15-17 years) for depression and/or anxiety disorder.
9	What particular things are you hoping to come and learn at the HRRS?	Study design, randomization process, sampling, measures, statistics
10	Do you have any requests for the mentors?	No
11	Any dietary requirements?	No
12	Any other comments?	No

Grau Katharina: *Katharina*

1	Your first name	Katharina
2	Your surname	Grau
3	What would you like us to call you?	Katharina
4	Your qualifications	Resident, M.D.
5	Your professional group (e.g. psychiatrist, psychologist etc)	Child and Adolescent Psychiatrist
6	At what institute/clinic/hospital/university are you currently working?	Department of Child and Adolescent Psychiatry and Psychotherapy, University of Ulm
7	In which country are you currently working?	Germany
8	Briefly describe the project/academic piece/scholarship you will want to work on at the HRRS	Body dysmorphic disorder (BDD) is a rather common but often underdiagnosed disorder in adolescence. The applicant is conducting a survey on the prevalence and associated comorbidities of BDD in an inpatient sample.
9	What particular things are you hoping to come and learn at the HRRS?	<ul style="list-style-type: none"> • Preparation of a study protocol • Choosing and measuring endpoints in clinical studies • Statistical considerations in clinical studies • Opportunity to share ideas with colleagues
10	Do you have any requests for the mentors?	Critical review of my current projects and suggestions for improvement
11	Any dietary requirements?	None
12	Any other comments?	None

Flanigan Laura: *Laura*

1	Your first name	Laura
2	Your surname	Flanigan
3	What would you like us to call you?	Laura
4	Your qualifications	BSc (Hons., Psychology, University of Waterloo, 2013); MSc (School and Applied Child Psychology, University of Calgary, 2016)
5	Your professional group (e.g. psychiatrist, psychologist etc)	Psychology
6	At what institute/clinic/hospital/university are you currently working?	School and Applied Child Psychology program, Werklund School of Education, University of Calgary
7	In which country are you currently working?	Canada
8	Briefly describe the project/academic piece/scholarship you will want to work on at the HRRS	I am interested in identifying factors that will reduce stigma towards children with mental health issues; specifically, how education about and experience with mental health issues impacts stigma. I am also interested in examining both explicit (i.e., self-reported) stigma and implicit stigma (i.e., unconscious negative attitudes). I would love to get feedback from others regarding theoretical and methodological procedures.
9	What particular things are you hoping to come and learn at the HRRS?	I am hoping to learn about current perspectives on children's mental health from around the globe. I am also hoping to gain valuable knowledge regarding methodological and statistical from the expertise of others. The opportunity for mentorship in this area is very important to me, as there are few others researching my specific topic.
10	Do you have any requests for the mentors?	No
11	Any dietary requirements?	No
12	Any other comments?	No

Shkityr Elizaveta: *Liza*

1	Your first name	Elizaveta
2	Your surname	Shkityr
3	What would you like us to call you?	Liza
4	Your qualifications	Psychiatrist; physician forensic psychiatric expert of teenager department
5	Your professional group (e.g. psychiatrist, psychologist etc)	Psychiatrist
6	At what institute/clinic/hospital/university are you currently working?	Federal Medical Research Center Psychiatry and Narcology by Serbsky
7	In which country are you currently working?	Russian Federation
8	Briefly describe the project/academic piece/scholarship you will want to work on at the HRRS	I would like to investigate the mechanisms of selfdestruction in children and teenagers. Gender differences, the relationship of mental disorders and possible suicidal behavior. To improve their knowledge in relation to the main risk factors of suicidal behavior of teenagers. Learn from the experience in the prevention of self-injurious behavior.
9	What particular things are you hoping to come and learn at the HRRS?	My goal is a deeper dive into the research work, search of new methods in research more quickly and space to compare the results, learn more professional analytical thinking.
10	Do you have any requests for the mentors?	No
11	Any dietary requirements?	No
12	Any other comments?	No

Vallejo-Valdivielso María: *María*

1	Your first name	María
2	Your surname	Vallejo-Valdivielso
3	What would you like us to call you?	María
4	Your qualifications	MD
5	Your professional group (e.g. psychiatrist, psychologist etc)	Psychiatrist
6	At what institute/clinic/hospital/university are you currently working?	University of Navarra
7	In which country are you currently working?	Spain
8	Briefly describe the project/academic piece/scholarship you will want to work on at the HRRS	Pharmacogenomics in ADHD treatment response: The role of PARK2 and DRD4 interaction
9	What particular things are you hoping to come and learn at the HRRS?	Pharmacogenetics & pharmacogenomics basic investigation
10	Do you have any requests for the mentors?	No
11	Any dietary requirements?	Allergic to nuts
12	Any other comments?	No

Vňuková Martina: *Martina*

1	Your first name	Martina
2	Your surname	Vňuková
3	What would you like us to call you?	Martina
4	Your qualifications	MSc
5	Your professional group (e.g. psychiatrist, psychologist etc)	Psychologist
6	At what institute/clinic/hospital/university are you currently working?	Department of Psychiatry, First Faculty of Medicine Charles University in Prague and General University Hospital in Prague
7	In which country are you currently working?	Czech Republic
8	Briefly describe the project/academic piece/scholarship you will want to work on at the HRRS	ADHD prevalence among children in Czech Republic, mapping and describing ADHD prevalence among children (aged 6-10) and looking at associations with school difficulties, engagement in sports, time spent playing video-games
9	What particular things are you hoping to come and learn at the HRRS?	Improvement of communication and presentation skills, learning how to tackle possible challenges one can encounter during research
10	Do you have any requests for the mentors?	No
11	Any dietary requirements?	No
12	Any other comments?	No

Dimitrova Raya: *Raya*

1	Your first name	Raya
2	Your surname	Dimitrova
3	What would you like us to call you?	Raya
4	Your qualifications	Master of Science in Medicine
5	Your professional group (e.g. psychiatrist, psychologist etc)	Resident in Child and Adolescent Psychiatry, Physician
6	At what institute/clinic/hospital/university are you currently working?	UMHAT "St. Marina" Varna; Medical University Varna, Bulgaria
7	In which country are you currently working?	Bulgaria
8	Briefly describe the project/academic piece/scholarship you will want to work on at the HRRS	Non-suicidal self-injury. I would like to focus on examining whether patients have an internal or external locus of control, what are the functions of non-suicidal self-injury and particular personality traits carried by the patients, diagnostic implications and validating a screening instrument for Bulgaria.
9	What particular things are you hoping to come and learn at the HRRS?	I hope to develop my ideas; discover more practical methods of conducting my research; develop a clear and simple outline or structure for my work. Exchange experience and receive advice.
10	Do you have any requests for the mentors?	No
11	Any dietary requirements?	No
12	Any other comments?	No

Birkle Sarah Maria: *Sarah Maria*

1	Your first name	Sarah Maria
2	Your surname	Birkle
3	What would you like us to call you?	Sarah Maria
4	Your qualifications	Dr. Med.
5	Your professional group (e.g. psychiatrist, psychologist etc)	Resident in child & adolescent psychiatry (currently last year of training)
6	At what institute/clinic/hospital/university are you currently working?	Schön Klinik in Bad Bramstedt, an academic teaching hospital of the University of Hamburg
7	In which country are you currently working?	Germany
8	Briefly describe the project/academic piece/scholarship you will want to work on at the HRRS	Particularly I am interested in the field of trauma, PTSD and anxiety disorders
9	What particular things are you hoping to come and learn at the HRRS?	Teaching/discussion and mentored work on research projects. Research design, presentation skills, review etc.
10	Do you have any requests for the mentors?	Development of a good research design (e.g. in trauma therapy)
11	Any dietary requirements?	No
12	Any other comments?	<ul style="list-style-type: none"> • How can I start a pilot study best when I have a new research idea? • Financing opportunities for research projects

Awhangansi Sewanu: *Sewanu*

1	Your first name	Sewanu
2	Your surname	Awhangansi
3	What would you like us to call you?	Sewanu
4	Your qualifications	MBBS, MWACP(Psych), Associate Fellow of the National Postgraduate Medical College of Nigeria (NPMCN)
5	Your professional group (e.g. psychiatrist, psychologist etc)	Psychiatrist
6	At what institute/clinic/hospital/university are you currently working?	Neuropsychiatric Hospital, Aro, Abeokuta, Ogun State
7	In which country are you currently working?	Nigeria
8	Briefly describe the project/academic piece/scholarship you will want to work on at the HRRS	Impact of Problem-solving skills and Attributional Retraining (PSSAR) on Conduct Disorder among Junior Public Secondary School students in Abeokuta, Nigeria. It is a school-based intervention study that is hoped will reduce over-reliance on pharmacotherapy and will also hopefully help in bridging the treatment gap in resource-constrained setting like Nigeria, where there is shortage of trained manpower to provide needed expertise for conduct disorder. If found effective, the cost-friendly intervention will be recommended for large scale uptake and implementation across schools in Nigeria.
9	What particular things are you hoping to come and learn at the HRRS?	Research designs; Basic statistics and use of statistical tools; Data analysis; Research publications
10	Do you have any requests for the mentors?	I would really desire that the mentoring continues beyond the duration of the seminar
11	Any dietary requirements?	No

12	Any other comments?	By attending the 2017 HRRS, I would gain sufficient professional, academic and research skills and in-depth understanding of their application to improve clinical practice in Nigeria. My newly acquired expertise would also be beneficial in scaling up mental health care services and improving the lives of children and adolescents with mental health challenge in the country. Furthermore, attending the HRRS will present me with a fantastic avenue for networking with other promising young professionals in child and adolescent mental health from around the globe with a possibility of birthing lifelong professional relationships and collaborations.
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Ghosh Sreyoshi: *Sreyoshi*

1	Your first name	Sreyoshi
2	Your surname	Ghosh
3	What would you like us to call you?	Sreyoshi
4	Your qualifications	MBBS, MD (Psychiatry), DM (second year) in Child & Adolescent Psychiatry, NIMHANS, Bangalore
5	Your professional group (e.g. psychiatrist, psychologist etc)	Psychiatrist
6	At what institute/clinic/hospital/university are you currently working?	National Institute of Mental Health & Neurosciences (NIMHANS), Bangalore, India
7	In which country are you currently working?	India
8	Briefly describe the project/academic piece/scholarship you will want to work on at the HRRS	In my study titled "Clinical profile and development of intervention package for children and adolescents with primary headache syndromes" I am including children presenting with migraine and tension type headache (TTH) between the ages of 8-18 years who are not on prophylactic medication. The purpose of this study is to assess psychiatric co-morbidity, stressful life events and other parameters in children and adolescents presenting with migraine and TTH. Additionally, I will be designing and offering a psychological and behavioral intervention package without any medication for these children. I would like to work on this project during the HRRS seminar.
9	What particular things are you hoping to come and learn at the HRRS?	I would like to learn how to meticulously plan a research project from experienced mentors. Various nuances such as experimental design, research methodology, statistical analysis, efficient review of literature and succinct representation of research findings in an easily consumable format.
10	Do you have any requests for the mentors?	No, I do not have any particular requests for the mentors.

11	Any dietary requirements?	No
12	Any other comments?	I would like to learn from the eminent panel their experiences with regards to research in the domain of child and adolescent psychiatry, especially in a developing country where resources are scarce and awareness is limited.

Šebela Antonín: *Tonda*

1	Your first name	Antonín
2	Your surname	Šebela
3	What would you like us to call you?	Tonda
4	Your qualifications	Doctor of Medicine, PhD candidate
5	Your professional group (e.g. psychiatrist, psychologist etc)	Psychiatrist
6	At what institute/clinic/hospital/university are you currently working?	National Institute of Mental Health, Charles University in Prague
7	In which country are you currently working?	Czech Republic
8	Briefly describe the project/academic piece/scholarship you will want to work on at the HRRS	<ul style="list-style-type: none"> • Project 1: Circadian rhythm instability: the endophenotype of bipolar disorder? The sleep-wake cycle is regulated by circadian rhythms. Stable alternation of sleep and wake periods is essential for the regulation of emotions and stable mood. Bipolar disorder (BD) is defined by phasing of pathological elevated and depressed mood. The sleep-wake cycle is disturbed in both phases, and evening circadian preference dominates in patients with BD. It is still unknown if this feature is trait or state marker of BD. Circadian rhythms, the same as BD, are genetically determined. Instable sleep-wake cycle and evening circadian preference therefore can be the endophenotype of BD. • Project 2: Perinatal mental health in Czech Republic: epidemiology, prevention, intervention Perinatal mental disorders (PMD) have a large negative impact on pregnancy, delivery, neonatal adaptation, and quality of life of the family. In Czech Republic, no systematic attention has been paid to perinatal mental health, which is in stark contrast with west European countries. In our study, epidemiology of PMD during 1994-2016 will be mapped. Also, we will develop an on-line psychotherapeutic module for perinatal anxiety and depression.

9	What particular things are you hoping to come and learn at the HRRS?	How to conduct successful longitudinal study, advanced grant writing skills, advanced skills of research promoting, how participate in the international research consortium
10	Do you have any requests for the mentors?	No
11	Any dietary requirements?	No
12	Any other comments?	No

Kodra Valmira: *Vali*

1	Your first name	Valmira
2	Your surname	Kodra
3	What would you like us to call you?	Vali
4	Your qualifications	Resident
5	Your professional group (e.g. psychiatrist, psychologist etc)	Child and Adolescent Psychiatry
6	At what institute/clinic/hospital/university are you currently working?	University Hospital Centre, Tirana
7	In which country are you currently working?	Albania
8	Briefly describe the project/academic piece/scholarship you will want to work on at the HRRS	Self Esteem and Mental Health in Adolescents with Acne Vulgaris
9	What particular things are you hoping to come and learn at the HRRS?	The Methodology of Research
10	Do you have any requests for the mentors?	No
11	Any dietary requirements?	No
12	Any other comments?	No

Programme

Sunday, 17 September 2017

Afternoon	Arrive at Svata Katerina
18:00 – 19:00	Afternoon Tea
19:00 – 20:30	Welcome Session Introduction and background to the HRRS Introduction of HRRS 2017 fellows and mentors
20:30	Welcome Dinner

Monday, 18 September 2017

7:30 – 9:00	Breakfast
9:00 – 10:30	The fundamentals of responsible research, theory and practice Prof Helmut Remschmidt
10:30 – 11:00	Morning Coffee
11:00 – 12:30	How to do good research when you have little resources Prof Petrus de Vries
12:30 – 13:30	Lunch
13:30 – 15:30	Small group work (discussion groups of participants' research plans with mentors)
15:30 – 16:00	Afternoon Tea
16:00 – 17:30	Feedback to other groups and discussion
17:30 – 19:00	Group Activity
19:30	Dinner

Tuesday, 19 September 2017	
7:30 – 9:00	Breakfast
9:00 – 10:30	The fundamentals of research methodology – Part I Prof Bruno Falissard)
10:30 – 11:00	Morning Coffee
11:00 – 12:30	The fundamentals of research methodology – Part II Prof Bruno Falissard
12:30 – 13:30	Lunch
14:00 – 15:30	Small group work
15:30 – 16:00	Afternoon Tea
16:00 – 17:30	Feedback to other groups and discussion
17:30 – 18:30	Group activity
19:30	Dinner

Wednesday, 20 September 2017

7:30 – 9:00	Breakfast
9:00 – 10:30	How to write a good paper Prof Petrus de Vries and mentors
10:30 – 11:00	Morning Coffee
11:00 – 12:30	How to write a good paper Prof Petrus de Vries and mentors
12:30 – 13:30	Lunch
14:00 – 15:30	How to write a good paper Prof Petrus de Vries and mentors
15:30 – 16:00	Afternoon tea
16:00 – 17:00	How to do a good presentation Dr Michal Goetz, Prof Petrus de Vries and mentor)
17:00 – 19:00	Group activity
19:30	Gala Dinner

Thursday, 21 September 2017

7:30 – 9:00	Breakfast
9:00 – 10:30	Longitudinal research, resilience and children of alcoholic parents Prof Per-Anders Rydelius
10:30 – 11:00	Morning Coffee
11:00 – 12:30	Impact of institutional care on child development and adult life Assoc Prof Radek Ptáček
12:30 – 13:30	Lunch
14:00 – 18:00	Excursion for the group
19:30	Dinner

Friday, 22 September 2017	
7:30 – 9:00	Breakfast
9:00 – 10:30	Loners: children and adolescents with Asperger Syndrome Prof Helmut Remschmidt
10:30 – 11:00	Morning Coffee
11:00 – 12:30	Final small group discussions
12:45 – 13:45	Lunch
14:00 – 15:30	General discussion, evaluation and conclusion
15:30	Afternoon Tea and Depart

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